

ALTEPOST

NORDIC LIFE & STYLE HOTEL



CONFERENCES AT THE "ALTE POST" HOTEL

IN THE MIDST OF IT ALL · MODERN · AUTHENTIC



IN THE MIDST OF IT ALL – MODERN – AUTHENTIC

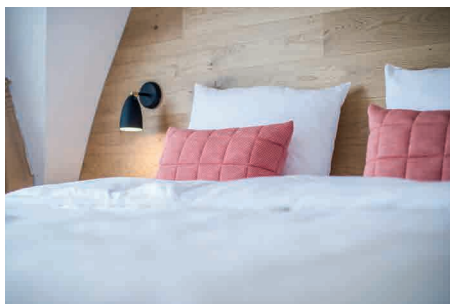
SCANDINAVIAN FEEL-GOOD ATMOSPHERE RIGHT IN THE HEART OF FLENSBURG!

Our Nordic Life & Style Hotel „Alte Post“ is unique in the region and impresses with its special design concept, Scandinavian philosophy and elegant ambiance. Our hotel, occupying the historical building of the former central post office, is located right in the heart of Flensburg. The 77 attractively designed rooms in total impress not only through an attractive price-service ratio but also captivate thanks to their high quality and comfort.

The services we offer to business travellers and conference participant is equally impressive. Our hotel has imposing rooms that can accommodate up to 100 conference participants. Whether in the large, flexibly configurable hall or in the three smaller conference and meeting rooms – our team provides the full range of services in order to make your event a success, starting with a stylish welcome, first-class service and ending with a closing celebration. At the same time there is, of course, no lack of the latest technical equipment. The close cooperation with the renowned Strandhotel Glücksburg also ensures that there are sufficient combination options and overnight accommodation, even when there is a large number of guests.

We look forward to seeing you!

Your team from the „Alte Post“ hotel





We would be happy to prepare tailor-made packages according to your requirements

OUR BUSINESS PACKAGE

- Conference room
- Conference room equipment (1x flip chart including 1x pad, 1 x metaplan board, moderator toolbox, video projector and screen)
- High speed WLAN access
- Pad and ballpoint pen
- Water, speciality coffees and a choice of teas
- 2 course menu or buffet chosen by the chef
- Friendly conference service for flexible and competent implementation of your requirements

Half day: 36 Euro per person up to 4 hours

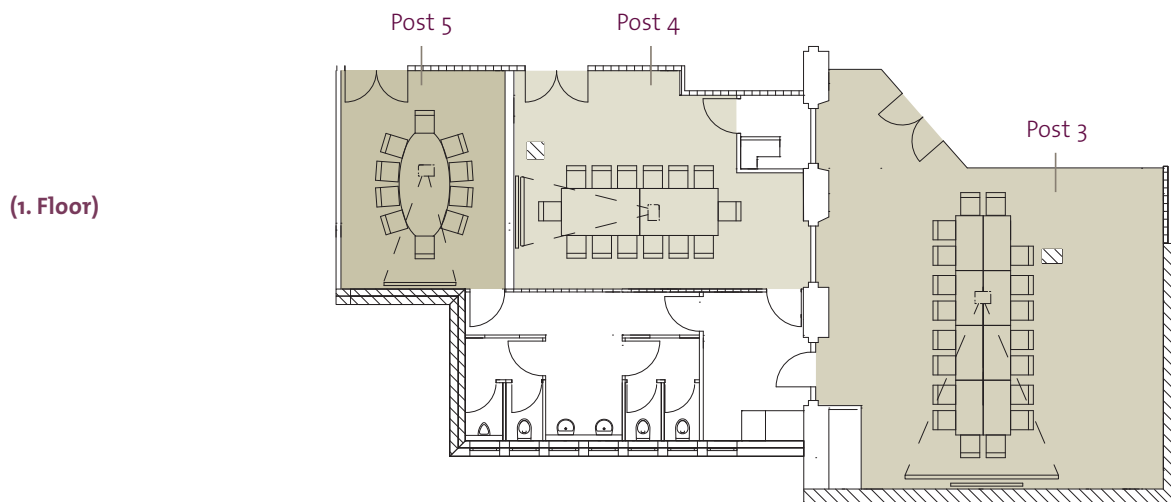
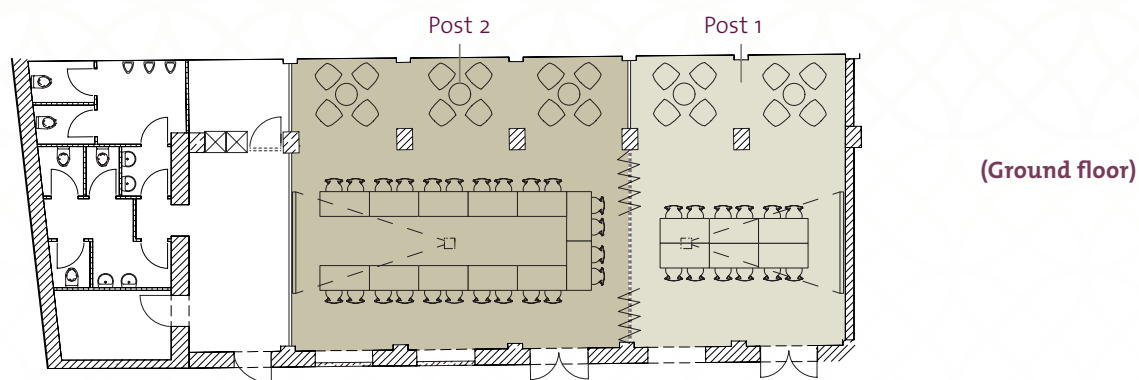
Full day: 43 Euro per person up to 4 hours

Our conference package includes the conference room hire charge and applies from ten persons. If a package is not required or there are fewer than ten persons, a provisioning fee is charged depending on the space required and, if applicable, a rental fee for the conference equipment. In this case, drinks and meals are charged based on consumption.

LAYOUT OF OUR CONFERENCE ROOMS: NUMBERS, DATA AND FACTS

SEATING OPTIONS:

Conference room	m ²	Block seating	U-shape seating	Theatre style seating	Parliamentary style seating
Post 1	36	14	16	24	10
Post 2	60	22	28	60	30
Post 1 and 2	96	44	40	100	55
Post 3	74	22	16	30	24
Post 4	34	12	12	24	10
Post 5	24	6			





HIRE CHARGES

Conference room	m ²	Prices
Post 1	36	from 170 Euro
Post 2	60	from 250 Euro
Post 1 und 2	96	from 450 Euro
Post 3	74	from 250 Euro
Post 4	34	from 170 Euro
Post 5	24	from 120 Euro

Included:

- Projector
- Screen
- High speed WLAN access
- Speciality coffees and a choice of teas
- Friendly and competent conference service

CONFERENCE EQUIPMENT

Equipment	Prices
Notebook – full day	100 Euro
Notebook – half day	75 Euro
Moderator cards (10)	0,50 Euro
Flip chart paper per pad	4 Euro
Metaplan paper per sheet	2 Euro
Pin board	5 Euro
Flip chart	5 Euro
Adapters on request	10 Euro
Presenter with USB stick	10 Euro
Hand-held microphone	10 Euro
Headset	10 Euro
Lectern	5 Euro
Equipped moderator toolbox	25 Euro
Projector (ANSI-Lumen 3000)	included
Screen	included

IS THERE ANYTHING ELSE YOU NEED?

CONFERENCE STARTER

Start your conference in an invigorating fashion and look forward to bagels or sandwiches and sweet pastries.

7,50 Euro p. P.



„SWEET & SALTY“ SNACK BREAK

Look forward to various savoury and sweet snacks and delicacies from the candy bar.

You are spoilt for choice of sweet (or salty)!

7,50 Euro p. P.

„SWEET & HEALTHY“ SNACK BREAK

Look forward to a combination of healthy and sweet break snacks as well as delicacies from the candy bar.

The perfect mix and there is something for everyone!

11 Euro p. P.

SOFT DRINKS UPGRADE

Look forward to an unlimited choice of invigorating soft drinks.

(Only as an upgrade in the Business package bookable).

7,50 Euro p. P.

All breaks include:

Specialty coffees and a choice of teas





LUNCH/DINNER

- Snack buffet depending on seasonal availability and chosen by the chef (excluding drinks)

12 Euro per person

- 2 course menu depending on seasonal availability and chosen by the chef (excluding drinks)

26 Euro per person

- 3 course menu depending on seasonal availability and chosen by the chef (excluding drinks)

32 Euro per person

- Buffet depending on seasonal availability and chosen by the chef (excluding drinks)

32 Euro per person

FAMILY-STYLE-BUFFET

Give your conference the perfect ending!

Enjoy together with all delegates our family-style buffet. Everyone eats together from the table buffet creating a relaxed atmosphere. The dishes are served in bowls on the table and are replenished as often as you want.

You can choose from various menu suggestions.

* Bookable from 10 - 20 persons.



PRICES AT THE „ALTE POST“ HOTEL

REAL PLEASURE AND PURE RELAXATION ARE PRICELESS. SO THAT YOU CAN BETTER PLAN YOUR STAY WITH US, LISTED BELOW ARE OUR CURRENT PRICES.

	1 person	2 persons
Single room	from 88 Euro	
Classic double room	from 98 Euro	from 118 Euro
Comfort double room	from 118 Euro	from 138 Euro
Themed rooms	from 128 Euro	from 148 Euro

	Conference rate for 10 rooms or more:
Single room including breakfast	from 109 Euro
Double room including breakfast	from 129 Euro

Bookable in conjunction with a conference.

BUSINESS HEALTHCARE & INCENTIVES

MOTIVATE, INSPIRE AND CREATE TEAM SPIRIT

Whether with ten or 100 persons, whether as a one-day event or as a supporting programme to a conference – inspire employees, partners or clients with an event, in which you not only gain new experiences together, but are also able to get to know each other better!

Let us inspire you with our small selection of supporting programmes!

BUSINESS YOGA

Active Lunch Break
Happy Face - Facial Gymnastics
Brain Fit Workout
Mental Health
Classes in the Fitness room
Breakoutsession:
Brain Moves



TEAM BUILDING EXERCISES

A fantastic team is unstoppable! This challenge requires team spirit. Exciting and varying stages, which can only be reached through teamwork, are waiting for you.

LIVE PRESENTATIONS & WORKSHOPS

Via a digital platform you cannot only participate in online courses but also in online presentations and workshops:

Topics include: relaxation/stress management, nutrition, active lunch breaks and much more.

Nothing is impossible:

If the programme suitable for you is not mentioned, please talk to us.

We are open to your wishes and ideas.

PERFECT COMBINATION- ATTEND A CONFERENCE HERE, STAY THERE

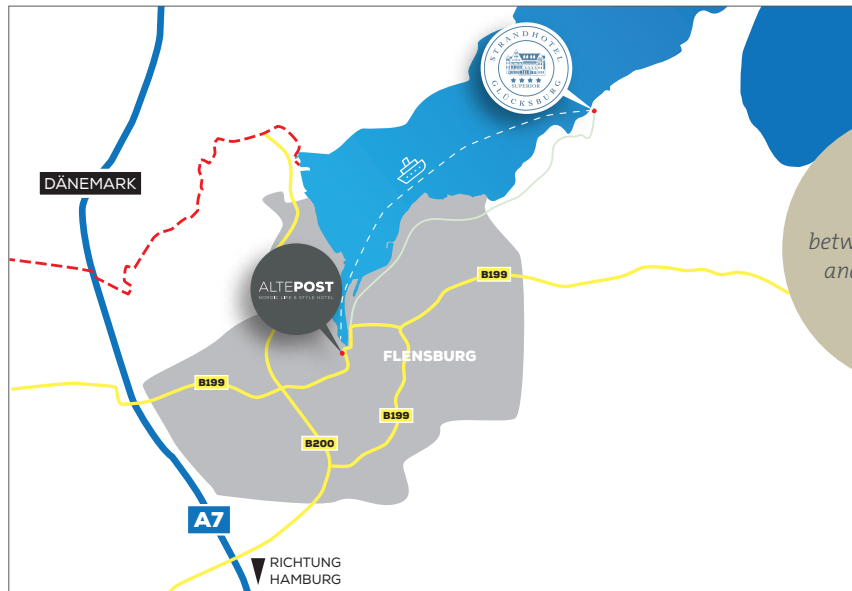
A COMBINATION IS THE SOLUTION

One often has differing requirements regarding the conference environment and overnight accommodation. Perhaps you want imposing conference rooms directly located on the white, sandy beach but would like to spend the night in the heart of the city? Or do you want to enjoy a hotel room with a view over the fjord to Denmark but your conference guests are to experience a modern Scandinavian ambience?

Then combine the advantages of the offers from the „Alte Post“ hotel and the Strandhotel Glücksburg!

Our hotels offer you the perfect mix of conferences and overnight accommodation in two locations. You can get from one to the other not only by road but also directly by sea thanks to the charming ferry MS Viking.

At the same time, we optimise the organisation of the conference from a single source – you can enjoy the best service in Flensburg and Glücksburg.



15 minutes
travel time
between the „Alte Post“
and the Strandhotel
Glücksburg

You can also find us on
Facebook and Instagram.



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